

शैक्षिक अनुभाग / ACADEMIC SECTION  
NATIONAL INSTITUTE OF TECHNOLOGY SILCHAR

Acad-112/18/19070-19100

Date : 06.01.2020

सूचना / NOTICE

YOGA is a compulsory one semester non-credit course for all the students with effect from 2018 entry batches. To get the degree, a Pass grade is needed in this course.

The time-table for the YOGA course for the current session is given below.

Programme	Dept.	Days	Time	Venue
B.Tech.	CSE	Monday	06.00 pm-08.00 pm	SAC Building
B.Tech.	EE	Tuesday	06.00 pm-08.00 pm	
B.Tech.	ECE	Thursday	06.00 pm-08.00 pm	
M.Tech.	All Deptt.	Sunday	08.00 am-10.00 am	

All concerned students (**2019 entry batch**) are asked to attend the session with a standard YOGA mat.

The YOGA course shall commence from **13.01.2020** onwards. As it is a course, minimum attendance of 75% is required.

  
AR (Academic) 06/01/2020

*Copy forwarded for kind information/necessary action to :*

- 1) PA to Director, for kind information of the Director
- 2) All Deans & HoD's
- 3) Mr. M. Suraj Singh, Sports Officer for compliance
- 4) Dr. R. Patgiri, Asstt. Professor, CSE Deptt. for uploading in the Institute Website
- 5) All Notice Board